

# **Tattoo Aftercare Instructions**

Congratulations on your new tattoo! Proper care during the healing process is essential to ensure your tattoo heals well, stays vibrant, and avoids infection.

#### First 24 Hours

- · Leave the bandage on for the time recommended by your artist (usually 2-6 hours).
- · Wash your hands before touching your tattoo.
- · After removing the bandage, gently wash the tattoo with lukewarm water and fragrance-free antibacterial soap.
- · Pat dry with a clean paper towel. Do not rub.

## Cleaning & Moisturizing

- ·Wash your tattoo 2–3 times daily with mild, fragrance-free soap.
- · After washing, apply a thin layer of recommended ointment (like Aquaphor, A&D, or a tattoo-specific balm) for the first 3–4 days.
- ·Switch to a fragrance-free lotion once peeling begins.
- · Do not over-apply your skin should feel moisturized but not smothered.

### What to Expect

- · Redness & tenderness in the first couple days.
- · Peeling/flaking similar to a sunburn (do not pick or scratch).
- · Itching is normal gently tap, don't scratch.

### Things to Avoid

- O Do not pick, scratch, or peel scabs.
- ♦ Avoid soaking in water (baths, swimming, hot tubs, saunas) for at least 2–3 weeks.
- Noid direct sunlight and tanning beds until fully healed.
- O Do not apply alcohol, peroxide, or petroleum jelly.

# **Long-Term Care**

- · Always apply sunscreen (SPF 30+) to protect your tattoo from fading.
- · Keep your skin moisturized to maintain vibrancy.
- ⚠ Contact your tattoo artist or a healthcare professional if you notice: Excessive redness or swelling after 3 days Pus, foul odor, or spreading rash Severe pain or fever
- ← Healing time varies but usually takes 2–4 weeks, depending on size, placement, and your personal skin type.

Enjoy, and thank you for choosing Wildflower Ink!

Wildflower Ink

Christina Miller Tattooist 309.648.4272

my.wildflower.ink@gmail.com

Peoria, IL